

### Junior (7 & Under 16 Years)

#### Barracks Johnnie

**Intro.**

- 1<sup>st</sup> Balance & Travel
- 4<sup>th</sup> Assemble & Change
- 7<sup>th</sup> Reverse Shedding
- 8<sup>th</sup> Turning

#### Village Maid

**Intro.**

- 1<sup>st</sup> Hop & Travel
- 2<sup>nd</sup> Russian Bourree
- 5<sup>th</sup> Seven-Step Side Travel | PdB & Side Travel
- 6<sup>th</sup> Diamond

#### Blue Bonnets

**Intro.**

- 1<sup>st</sup> Skip Change
- 2<sup>nd</sup> Backward Skip
- 5<sup>th</sup> High Cut In Front
- 6<sup>th</sup> Assemble/Disassemble

#### Irish Jig

**Intro. Any Choice of Intro.**

- 1<sup>st</sup> Circle
  - 2<sup>nd</sup> Shuffling (Break B)
  - 6<sup>th</sup> Diagonal Travel
- Finishing**
- 1<sup>st</sup> Toe Tap
  - 8<sup>th</sup> Cross & Clip Heels (any choice of finish)

### Senior (16 Years & Over)

#### Barracks Johnnie

**Intro.**

- 1<sup>st</sup> Balance & Travel
- 2<sup>nd</sup> Pas de Basque
- 7<sup>th</sup> Reverse Shedding
- 8<sup>th</sup> Turning

#### Village Maid

**Intro.**

- 1<sup>st</sup> Hop & Travel
- 4<sup>th</sup> Second Russian Bourree | Hop & Bourree
- 5<sup>th</sup> Seven-Step Side Travel | PdB & Side Travel
- 6<sup>th</sup> Diamond

#### Blue Bonnets

**Intro.**

- 1<sup>st</sup> Skip Change
- 4<sup>th</sup> Disassemble & Glide | Diagonal Travel
- 5<sup>th</sup> High Cut In Front
- 6<sup>th</sup> Assemble/Disassemble

#### Irish Jig

**Intro. Any Choice of Intro.**

- 1<sup>st</sup> Circle
  - 2<sup>nd</sup> Shuffling (Break C)
  - 11<sup>th</sup> Second Diagonal Travel
- Finishing**
- 1<sup>st</sup> Toe Tap
  - 8<sup>th</sup> Cross & Clip Heels (any choice of finish)

Note 1 – BATD, SDTA, UKA methods accepted in the Scottish National Dances.

Note 2 – Male dancers must use male methods where applicable.

Note 3 – Dances may be danced in any order however the order of the step must be followed as listed above.